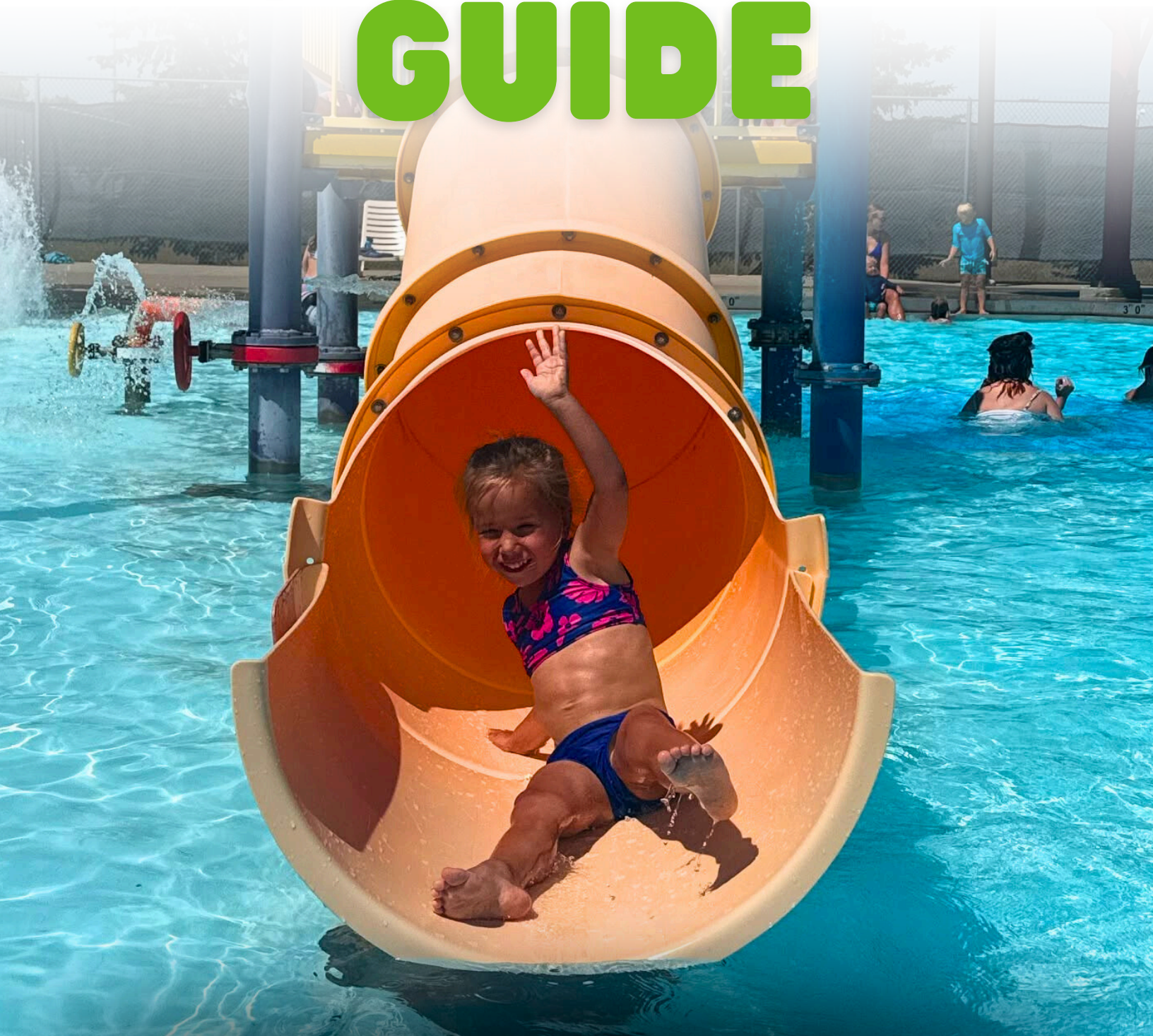


2026



# SUMMER GUIDE



PROGRAMS | LEAGUES | EVENTS | FACILITIES



## CONTACT

 (701) 845 - 3294

 [www.vcparks.com](http://www.vcparks.com)

 [info@vcparks.com](mailto:info@vcparks.com)

 **Park Offices**

733 8th Ave SW

Valley City, ND 58072

Hours: Mon - Fri | 8:00 AM - 5:00 PM

## WEATHER ANNOUNCEMENTS

 **Valley City Parks and Recreation**

 **@701vcpr**

 **KOVC**

## SOCIAL MEDIA

 **Valley City Parks and Recreation**

 **@701vcpr**

 **@vcparkrec**

 **@vcparks**

## FACILITIES & PARKS

**Bjornson Park Public Golf Course**  
701-845-5452 | 2473 Woodland Park

**Charlie Brown Memorial Baseball Field**  
230 12th St NE

**Chautauqua Park /Dacotah Pavilion**  
933 12th St NE

**City Park**  
440 4th St SW

**College Complex/Tharaldson**  
905 10th Ave SW

**Gaukler Family Wellness**  
701-845-3294 | 733 8th Ave SW

**Granger Hill Park**  
Valley Ave & 6th St SE

**Hi-Line Park**  
1029 5th Ave NE

**Hinschberger Park**  
606 2nd St NE

**Park Shop**  
1105 Viking Drive SW

**Pioneer Park**  
800 4th St NW

**Rec Center**  
140 4th St SW

**Skate Park**  
109 4th St SW

**Tourist Park**  
701-845-3294 | 675 East Main St

**VCPR Community Pool**  
701-845-0296 | 870 2nd Ave NE

**Veterans Memorial**  
Park 135 East Main St

## STAFF

**Tyler Jacobson**, Executive Director  
tylerj@vcparcs.com

**Ashley Martinson**, Office Manager  
ashleyk@vcparcs.com

**Hilary Flatt**, Facilities Manager  
hilaryk@vcparcs.com

**Matt Brandvold**, Recreation Manager  
mattb@vcparcs.com

**Mercidez Lunn**, Aquatics Supervisor  
mercidezl@vcparcs.com

**Lance Lukes**, Wellness Center Maintenance Supervisor  
lancel@vcparcs.com

**Patrick Johnson**, Recreation Specialist  
patrickj@vcparcs.com

**Macy Schlaht**, Marketing Coordinator  
macys@vcparcs.com

**Kelly Myers**, Customer Relations Supervisor  
kellym@vcparcs.com

**Mike Lentz**, Buildings & Grounds Superintendent  
mikel@vcparcs.com

**Brandyn Heck**, Parks Specialist  
brandynh@vcparcs.com

**Noah Kvilvang**, Park Maintenance Specialist  
noahk@vcparcs.com

**Darvin Keys**, Golf Course Green Superintendent

## PARK BOARD

**Dick Gulmon**, President

**Buff Murray**, Vice President

**Susan Kringlie**, Commissioner

**Jordyn Heck**, Commissioner

**Ross Powell**, Commissioner

## USING THE GUIDE:

May  
1

PROGRAM START DATE / EARLY REGISTRATION DEADLINE

April  
20

SPONSOR FEE DUE DATE



FUN FACT / IMPORTANT INFORMATION

# INSIDE THE GUIDE

Employment Opportunities

Info / Policies

VCPR Foundation

Gaukler Family Wellness Center

Bjornson Park Public Golf Course

Music in the Park

Equipment and Facility Rentals

Co-Ed Sand Volleyball League

Men's Softball

Play Park

Track and Field

Youth Tennis / VCTA / USTA

Youth Baseball and Softball

Travel Baseball and Softball

Speed & Agility Academy

Flag Football

Adaptive Programs

Pottery

Swimming Lessons

Pool Information

Local Parks

What's New?



# SUMMER JOB OPPORTUNITIES

## RECREATION

**Play Park Coordinator:** Responsible for creating and developing activities, handling any discipline problems, and teach group activities to children ages 3 to 5.

**Play Park Teacher/ Aide:** Assisting the coordinator with activities for children ages 3 - 5. Hours Tuesday & Thursday 8:15 am - noon at Chautauqua Park.

**Track Coordinator:** Supervising the Monday Night Track program.

**Youth Baseball/Softball Coaches:** Responsibilities include teaching fundamentals of baseball & softball to girls and boys ages 5-11.

**Travel Baseball and Softball Coaches:** Responsible for teaching fundamentals of fast pitch softball to 11 - 14-year old girls and 10 - 12-year-old boys, program equipment control, organizing transportation for travel, set up games schedules, schedule umpires for home games, some minor diamond maintenance and supervise other coach(s).

**Inclusion Coordinator/Adaptive Programs Coordinator:** Perform duties, supervise work with special needs individuals, in our Adaptive Programs, work with other Coordinators for Inclusion into regular programs, discipline, organize, and oversee all adaptive programs.

**Concession Worker:** Responsible for selling concession during program and possible other upcoming events.

**Tennis Coordinator / Coaches:** Organize youth tennis activities.

## POOLS

**Lifeguards:** Responsible for providing a safe environment at our pool facility. Lifeguards must have current certification in lifeguard training, CPR and First Aid.

**Swimming Pool Slide Attendant/Cashier:** Responsible for providing a safe environment at our outdoor swimming pool facility, attending slide, taking admittance, selling concessions.

## GAUKLER FAMILY WELLNESS CENTER

**Wellness Front Desk:** Daily building tasks, sales, inventory & customer service. Must be comfortable with computers and phones. Willing to learn exercise equipment and maintenance. Hours range from 5am-9pm as well as weekends.

**Wellness Maintenance:** Jobs vary from building maintenance, janitorial services and equipment maintenance. Willing to do grounds keeping as well.

**Fitness Instructors:** In search of fun, energetic, certified group fitness instructors for various classes. Flexible scheduling.

**Conditioning Coach:** Assist with the Mobility Plus Speed & Agility Academy summer camp

## GOLF COURSE

**Pro Shop Attendant:** Control tee times, starting times, putting green, driving range, sell merchandise and concessions, rent carts.

## GROUNDS

**Parks, Game Fields, and Buildings Maintenance Worker:** Responsible for maintaining and up keeping game fields, parks and buildings.

Applications can be found online or at the Gaukler Family Wellness Center. Please turn in applications to the GFWC front desk.





## REGISTRATION

Registration is open 24/7 and can be done online at [www.vcpark.com](http://www.vcpark.com) or through the Wellness Center during open hours. Checks, cash, VISA/MC/ Discover are accepted.

- Scholarship registrations MUST be approved and can only be done at the Wellness Center.
- VCPR accepts no registrations until fees are paid.
- VCPR reserves the right to reschedule or cancel any program due to facility or time conflict.
- When registering any participant, please state the grade they will be entering in the next school year, not the grade they just completed.
- Age and grade specifications vary according to the program.

**Please Note:** When registering online, it will appear you are paying \$20 more than the actual fee. This is discounted as you check out if you are registering prior to the deadline. Registration fees will apply after the deadline. Registration dates may vary according to activity beginning date. There is a 3% fee for credit cards.

## VCPR POLICY

- Adult: 19 years old or older
- College: must be enrolled as a full-time student
- Junior/Youth: under 18 years old
- Household: 2 adults and direct children through age 18 unless a full-time college student up to 23 years old
- Senior: 65 years old or older
- Valley City Parks and Recreation District does NOT give refunds once a program has begun
- There are NO refunds once fee is paid in programs that participants numbers are limited in programs with limited numbers, except for medical reasons.

## INSURANCE

The Valley City Park District carries liability insurance for all grounds, facilities, and activities. VCPR does not carry medical or accident insurance for the participants of the program. Please review your family's health insurance plan to be sure you have proper coverings.

## PHOTOGRAPHY

Valley City Parks and Recreation take photographs of people enjoying our programs, events, parks, and facilities. These photographs are property of the Valley City Parks and Recreation and are used at the discretion of VCPR.

## CANCELATIONS

For Cancelled/Postponed programs, check [www.vcparks.com](http://www.vcparks.com), listen to NewsDakota - KOVC 1490, and check our social media.

## OUR MISSION

To promote broad based parks and recreation opportunities in order to improve the quality of life for people of all ages, stages and abilities in a cost-effective and financially responsible manner.

## INCLUSIVE RECREATION FOR ALL

VCPR is committed to providing inclusive opportunities and ensuring that everyone can enjoy our activities. If you have specific needs or require accommodations, please contact the VCPR Office at 701-845-3294.



# VALLEY CITY PARKS & RECREATION FOUNDATION

## ABOUT

Established in 2024, the Valley City Parks and Recreation Foundation believes that a healthier community is a happier and more resilient one. We are dedicated to providing those in need with the opportunity for recreation and healthy lifestyles as well as enhancing the quality of life for the residents of Valley City by supporting and promoting recreational activities, green spaces, and community engagement.

## EVENTS

VCPR FOUNDATION



### VCPR Foundation "Drive to Thrive" Golf Scramble

Friday, June 19, 2026

Grab your friends and coworkers for a day at Bjornson Golf Course to help raise funds for the VCPR Foundation scholarship program!

## GOALS OF THE VCPR FOUNDATION:



**Provide Youth Scholarships:** Ensure all children can participate in programs and activities, regardless of financial barriers.



**Offer Reduced Memberships:** Make wellness accessible to everyone by supporting discounted memberships for qualifying individuals.



**Fund Community Enhancements:** Drive capital campaigns for new playgrounds, updated equipment, and improved amenities to expand recreation opportunities for all.





## Valley City Parks and Recreation Foundation Scholarship Program Requirements

### Reduced Gaukler Family Wellness Center Passes

Available through an application process with Valley City Parks and Recreation. This program is income-based and a sliding fee scale is used. Those interested in applying may contact the Gaukler Family Wellness Center for an application or get one from [www.vcparks.com](http://www.vcparks.com).

Once financial eligibility is approved, you will be mailed a letter stating what you will receive for your scholarship. You will also be given an orientation to the facility and an explanation of your scholarship.

Applications must be filled out completely with requested information provided. The application should then be dropped off at the Gaukler Family Wellness Center. **A minimum admittance of 12 times per 60 days is required by all individuals over 9 years old on the membership.**

### Reduced Activity Programs

Individuals and families who qualify for free and reduced meals through their local school are eligible for reduced programs through Valley City Parks and Recreation.

- Provide Free and Reduced eligibility letter from school administration office.
- **Maximum of 3 programs per season.** For information, check [www.vcparks.com](http://www.vcparks.com). The reduced rate can be used each month of the school year starting September 1, 2025.
- Swimming lessons do not qualify for a reduced rate.
- Adaptive summer programs are offered at a 50% reduced rate if paid before early registration deadline.
- Registration forms are available at the GFWC or at [www.vcparks.com](http://www.vcparks.com). Forms must be completed and returned to the Wellness Center. A registration form for each child participating in programs must be completed.

### Reduced Outdoor Pool Passes

Individuals and families who qualify for free and reduced meals through their local school are eligible for a reduced rate on outdoor pool passes. Must provide free and reduced eligibility letter to the Valley City Parks and Recreation.

**Deadline to sign up for reduced pool passes: July 1st, 2026.**

For questions regarding Wellness Center passes, programs, and applications for the scholarship program, please contact the Gaukler Family Wellness Center at 701-845-3294 or email [info@vcparks.com](mailto:info@vcparks.com).

The VCPR Foundation scholarship program is made possible by the Valley City Parks and Recreation Foundation through various generous donations. Funds are granted to the extent of resources available, prices, and availability, and are subject to change. For more information on the Valley City Parks and Recreation Foundation and how you can help, visit [www.vcparks.com/foundation](http://www.vcparks.com/foundation) or call 701-845-3294.



# JULY

## CELEBRATION 2026

### NATIONAL PARKS & RECREATION MONTH

**JUNE**  
**30**

City Park Block Party

**JULY**  
**9**

BBQ Cookoff

**JULY**  
**10-11**

VCTA Jr. Open

**JULY**  
**17**

Battle Royale  
Pickleball Tournament

**JULY**  
**18**

Sand Volleyball  
Tournament

**JULY**  
**29**

Free Swim Day

**JULY**  
**29**

Safety in the Park

**AUGUST**  
**1**

Sheyenne RiverFest

**AUGUST**  
**1**

Valley Parks Craft &  
Vendor Show

# JULY CELEBRATION

## 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	29	30	1	2	3	4
		 CITY PARK BLOCK PARTY 5:30 - 7:00 P.M. City Park		 CHALK THE BLOCK 2:00 - 4:00 pm Veterans Park	Go swimming at the outdoor pool!	 4 <sup>th</sup> of July
5	6	7	8	9	10	11
Music in the Park 5:30 PM   Pioneer Park	Yoga in the Park 6:00 PM   City Park	 BIRDHOUSE PAINTING 5:00 - 7:00 pm City Park Outdoor AquaFit Class Time: 6:00 P.M.	Music in the Park 7:15 PM   City Park	 BBQ PULLED PORK COOKOFF Start Time: 5:00 pm Location: Central Avenue Summer Nights on Central	VCTA Jr. Tennis Open	VCTA Jr. Tennis Open
12	13	14	15	16	17	18
Music in the Park 5:30 PM   Pioneer Park	 ROCK PAINTING 5:00 - 5:00 pm Pioneer Park Yoga in the Park 6:00 PM   City Park	Outdoor AquaFit Class Time: 6:00 P.M.	Music in the Park 7:15 PM   City Park	Go for a bike ride!	Paddle Royale Pickleball Tournament Check-in: 8:00 A.M. Start time: 9:00 A.M.	Co-ed Sand Volleyball Tournament Check-in starts: 8:00 am Start time: 9:00 am Location: Chautauqua Park
19	20	21	22	23	24	25
Music in the Park 5:30 PM   Pioneer Park	Yoga in the Park 6:00 PM   City Park	Outdoor AquaFit Class Time: 6:00 P.M.	Music in the Park 7:15 PM   City Park	 PAINT & SIP 5:00 - 7:00 pm Chautauqua Park (Ages 21+ only)	Rent Kayaks from the Kayak Trailer!	
26	27	28	29	30	31	1
Have a picnic!	Yoga in the Park 6:00 PM   City Park	Outdoor AquaFit Class Time: 6:00 P.M.	 SAFETY IN THE PARK Chautauqua Park 5:00 - 6:30 pm Free Swim Day 1 - 4:30 PM   Outdoor Pool Music in the Park 7:15 PM   City Park	Play pickleball at the outdoor pickleball courts!		 Summer of Rivers 10:00 AM Launch Valley Parks Craft & Vendor Show 10:00 - 5:00

@vcpr701  
 @vcparkrec  
 @vcparks  
 Valley City Parks and Recreation  
[www.vcparks.com](http://www.vcparks.com)  
 701-845-3294





## GAUKLER FAMILY WELLNESS CENTER

The Gaukler Family Wellness Center is a premier 65,000-square-foot facility designed to support health, wellness, and community connection. It features a fully equipped fitness area, pool/hot tub, large gym space, and so much more, making it the perfect place for all ages to stay active and engaged.

### AMENITIES

- Fitness Area
- 3 Lane Walking Track (11 laps/mile)
- Indoor Pool and Hot Tub
- 4 Lap Lanes, Leisure Pool, and Zero Depth Entry
- Playground
- 2 Basketball Courts
- 12 Adjustable Hoops
- Lines for 2 Volleyball Courts
- Access to Personal Trainers
- Party Room Rentals
- Smoothie and Coffee Bar

### FITNESS CLASSES

- Cycling
- AquaFit
- Stretching & Recovery
- Yoga Flow
- Foam Rolling
- Fitness on Demand

### HOURS OF OPERATION

Sunday .....	8 A.M. - 8 P.M.
Monday - Thursday .....	5 A.M. - 9 P.M.
Friday .....	5 A.M. - 8 P.M.
Saturday .....	6 A.M. - 8 P.M.





## MEMBERSHIP RATES

### YOUTH (AGE 18 & UNDER)

Monthly (Reoccurring*)	\$27
Month (Month by Month)	\$32
Annual (Paid in Full)	\$269

### ADULT (AGE 19 - 64)

Monthly (Reoccurring*)	\$46
Month (Month by Month)	\$52
Annual (Paid in Full)	\$497

### SENIOR (AGE 65+)

Monthly (Reoccurring*)	\$39
Month (Month by Month)	\$44
Annual (Paid in Full)	\$403

### SENIOR COUPLE

Monthly (Reoccurring*)	\$68
Month (Month by Month)	\$74
Annual (Paid in Full)	\$736

### HOUSEHOLD

Monthly (Reoccurring*)	\$79
Month (Month by Month)	\$84
Annual (Paid in Full)	\$872

### SINGLE ADULT HOUSEHOLD

Monthly (Reoccurring*)	\$63
Month (Month by Month)	\$69
Annual (Paid in Full)	\$671

### DROP-IN (Full facility access)

Youth: (Age 18 and Under)	\$5/Day
Adult: (Age 19 and Up)	\$10/Day

## SCHOLARSHIP PROGRAM

Available through an application process with the Valley City Parks and Recreation, this program is income based and a sliding fee scale is used. Those interested in applying may contact the Gaukler Family Wellness Center for an application or get one from [www.vcparks.com](http://www.vcparks.com). Applications must be filled out completely with requested information. The application should then be dropped off at the Wellness Center. (See page 4 for more information.)

## PARTY ROOM RENTALS

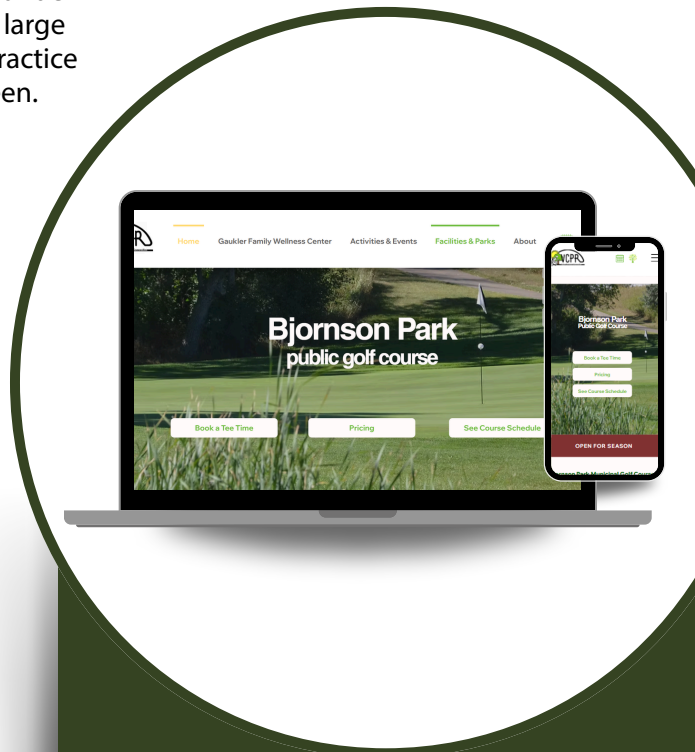
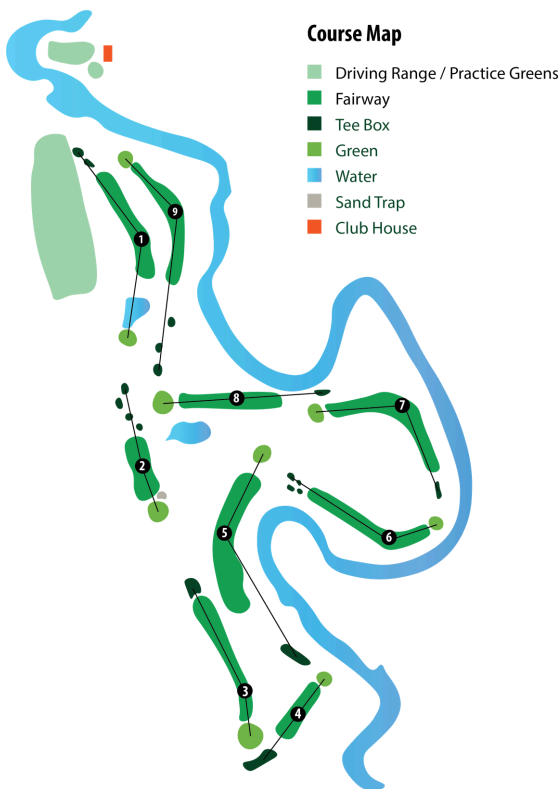
The Gaukler Family Wellness Center has two party rooms available for rent including one large party room (25 person capacity) and a small party room (15 person capacity). All rentals are for 3 hour blocks and include the use of the indoor playground, gymnasium, and pool (as pool hours allow). Party room amenities include use of the full kitchen (cookware and utensils are not provided). The party rooms are handicap accessible. No confetti/glitter allowed.





## BJORNSON PARK PUBLIC GOLF COURSE

Bjornson Park Public Golf Course is a challenging 9-hole course set along the scenic Sheyenne River. The course opened in 1994 and is managed by Valley City Parks and Recreation. The par 35 course measures just under 3,000 yards. The natural and man-made hazards, hilly terrain, and large greens make this course an enjoyable experience for all golfers. Practice facilities include a driving range, practice green, and chipping green. Please make tee times on Fridays, Saturdays, and Sundays.



### BOOK A TEE TIME ONLINE

1. Visit [www.vcparks.com](http://www.vcparks.com)
2. Click **Facilities & Parks**
3. Click **Bjornson Golf Course**
4. Book a Tee Time

### HOST A GOLF TOURNAMENT AT BJORNSON GOLF COURSE

Call Patrick at 701-845-3294 | Perfect for team building, business events, money raisers, or corporate outings, our beautiful course offers a relaxed yet professional environment for networking and fun.

**Call 701-845-5452**

## TOURNAMENTS & EVENTS

### VCPR Foundation Drive to Thrive Golf Tournament

June 19, 2026 | 10:00 Shotgun Start | Bjornson Golf Course

The VCPR Foundation Drive to Thrive Golf Tournament is an 18-hole 4-person scramble that raises funds for the Valley City Parks & Recreation Foundation. This event is not just about golf—it's about creating opportunities for everyone in our community through scholarships, accessibility, and free events.



Golf Season Passes	
Adult	\$ 515.00
Household	\$ 721.00
Youth (Under 18)	\$ 103.00
College (25 & Under Full Time Student)	\$ 319.00
Senior (65+)	\$ 443.00
Senior Household	\$ 649.00

Daily Green Fees	9 Holes	18 Holes
	\$ 23.00	\$ 30.00

Cart Rentals	9 Holes	18 Holes
Per Seat	\$ 10.00	\$ 21.00

Season Trail Fees	
Single Owner	\$ 252.00
Dual Owner (each pays)	\$ 211.00

Driving Range Buckets	
Large Bucket	\$ 10.00
Medium Bucket	\$ 8.00

Rentals	
Rental Clubs	\$ 12.00
Golf Pull Cart Rental	\$ 6.00





## MUSIC IN THE PARK

City Park Bandshell - 440 4th St. SW

Join us for a perfect summer evening in Valley City as Music in the Park returns for its 30th season! Starting Wednesday, June 3rd through August 12th, 2026, the City Park Bandshell will come alive with music and entertainment for all ages. Since its debut in 1996, this cherished summer tradition has continued to grow, bringing both familiar favorites and exciting new performances to the community.

Concerts begin each Wednesday at 7:15 PM—so bring your lawn chairs and blankets to relax under the summer sky while enjoying live entertainment. A freewill offering will be taken each week to help support the series and keep the music going strong.

We're grateful for the continued partnership with Bridges Art Council, who generously put on these events. If weather doesn't cooperate, performances will be moved to the VCSU Center for the Arts.

See the Bridges Art Council or Valley City Parks & Recreation social media and websites for the summer schedule.



## PIONEER PARK AMPHITHEATER 800 4th St. NW

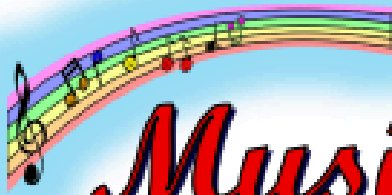
The Amphitheatre at the north end of Pioneer Park was restored through a community effort led by the Bridges Arts Council and the Valley City Girl Scouts. Since 2021, the Bridges Arts Council has hosted a variety of performances there every other Sunday evening during the summer, featuring music, drama, and more. Performances will be held every Sunday from June 28<sup>th</sup> - August 2<sup>nd</sup>. Inclement weather, the performances will be moved to The Vault.



Scan to see more about Bridges Art Council



Celebrating 30 Years of Music ... Summer of 2026



# Music in the City Park Bandshell

Wednesday Evenings @ 7:15 pm

City Park, 440 4th St. SW, Valley City, ND

- June 3** *Red River Valley Veterans Concert Band, Fargo*
- June 10** *Project Constellation, Grand Forks*
- June 17** *The Original Buffalo Alice Band*
- June 24** *El Zagel "Imperials" Big Band, Fargo*
- July 1** *Oakland Grove, Valley City*
- July 8** *Maasjo Sisters, Valley City*
- July 15** *Kohlabri Soup, Fargo*
- July 22** *F-M Golden Notes, Fargo-Moorhead*
- July 29** *Norsky Brothers, Fargo*
- August 5** *Karma, Valley City*
- August 12** *Greg Hager, Valley City*

A freewill offering is taken each week to support the bandshell & Music in the Park.  
Due to inclement weather, programs will be moved to VCSU Robinson Center of the Arts.  
Listen to KOVC 1490 ... or follow [info@bridgesarts.org](mailto:info@bridgesarts.org)

Special thanks to the sponsors who help make  
Music in the Park possible ...



*Myron Sommerfeld family*



NewsDakota



NORTH  
Dakota

Council on the Arts

Be Legendary.™

This project is supported in part by a grant from the North Dakota Council on the Arts,  
which receives funding from the state legislature and the National Endowment for the Arts.



# RENTALS

## BIKE RENTALS

**Prices:** \$3.00 for the first hour  
\$1.00 for every hour after 1st hour

### Steps for Renting Bike

1. Open Movatic App and select the Valley City location
  2. Select the bike number you want to rent and press "Rent Bike". Make sure your Bluetooth is on (Note: you must be within 4-5 feet of the bike)
  3. The lock on your bike will start to beep and flash. You will have ten seconds to remove the bike from the lock
- Steps

### For Returning Bike:

1. Roll bike back into rack and confirm that the bike is secured
2. Open the Movatic App. The bottom of the screen will indicate you have an active rental



## KAYAK RENTALS

Locker station is located at Bjornson Municipal Golf Course at 3473 Woodland Park. (Note: Equipment must be returned 5 minutes before end of rental period to avoid late fees!) Rentals cannot be rented during a time slot - kayaks must be rented for time slot following that time slot. (ex. Rentals at 9:00 a.m. have to be rented for the 11:00 a.m. - 2:00 p.m. time slot. This issue is being looked into.)

### Prices:

Single: \$25.00/time slot  
\$50.00/day  
Double: \$30.00/time slot  
\$60.00/day

### Hourly Time Slots:

8:00 A.M. - 8:00 P.M.  
(All day rental)  
8:00 A.M. - 11:00 A.M.  
11:00 A.M.-2:00 P.M.  
2:00 P.M. - 5:00 P.M.  
5:00 P.M. - 8:00 P.M.





## DACOTAH PAVILION

Call to Reserve

**Full Day Rental Fee:** \$215

**Half Day Rental Fee:** \$160

(Morning 7:00 a.m. - 3:00 p.m. | Afternoon 4:00 p.m. - close)

Dacotah Pavilion, located in Chautauqua Park, is an excellent year-round handicap accessible facility to hold reunions, receptions, retreats, business meetings, community events, dinners, etc.

- Full kitchen with oven, refrigerator, microwave
- Modern Restrooms accessible in and outdoors
- Heating & Air Conditioning
- Tables & chairs to seat 150 people
- Flat screen TV with video hookups

NO Helium Balloons or Confetti/Glitter please.

Reservation Fee MUST BE PAID IN FULL at the time building is reserved. When the key is checked out a \$100.00 refundable security deposit is



## OUTDOOR PICNIC SHELTER

Groups planning picnics may reserve City Park, Chautauqua Park, and Pioneer Park shelters by calling VCPR offices. There are a variety of amenities at each park. Shelters will have 6 picnic tables for seating of up to 48 people. Shelter reservations cannot be made more than one year in advance.



## TOURIST PARK CAMPGROUND

The Tourist Park is a seasonal campground open mid-May through mid-October. This camping facility has 27 sites with full hook-ups (sewer, water, and electricity). There are showers and restrooms on site. Reservations can be made online at [www.vcparks.com](http://www.vcparks.com) or by calling 701-845-3294. Reservations must be paid in full when reservations are made.

Reservations



## CO-ED SAND VOLLEYBALL LEAGUE

Jun 2

\$46

May 24

[Click to Register](#)

**Dates:** June 2 - August 18  
**Days:** Tuesday Nights  
**Time:** 6:15 PM  
**Location:** Chautauqua Park  
**Sponsor Fee:** \$124  
**Sponsor Deadline Date:** May 24, 2026  
**Early Registration Player Fee:** \$46  
**Registration Fee After June 4:** \$66

- Weekly competitive league for teams
- Min of 4 players and max of 8 players
- Must be 18 or older to play
- No officials
- Sponsor fee includes alcohol permit

## MEN'S SOFTBALL

May 18

\$65

TBD

[Click to Register](#)

- Minimum of 12 players per team
- Maximum of 20 players per team
- Must be 16 or older to play
- Sponsor fee includes alcohol permit

**Dates:** May 18 - August 10  
**Days:** Monday Nights  
**Time:** 6:45 PM  
**Location:** College Complex  
**Sponsor Fee:** \$380  
**Sponsor Deadline Date:** April 30, 2026  
**Player Registration Fee:** \$65  
**Registration Fee After May 18:** \$85



of North Dakota

## SOFTBALL RULES CLINIC

**Date:** Monday, May 4th  
**Time:** 6:30 PM  
**Location:** Gaukler Family Wellness Center

- All managers **must** attend
- Softball manager meeting to follow





## PLAY PARK

Jun 2 \$50

Let your child's imagination soar at Play Park! Kids will enjoy a variety of fun activities, including crafts, games, story time, and plenty of outdoor play at the park. It's the perfect way to keep them active, creative, and entertained!

[Click to Register](#)

**Dates:** June 2- June 25

**Days:** Tuesdays & Thursdays

**Time:** 8:45 A.M. - 10:00 A.M.

10:15 A.M. - 11:30 A.M.

**Location:** Gaukler Family Wellness Center

**Ages:** 3 - 5 years old

**Registration Fee:** \$52

**Registration Fee After June 3:** \$72

## TRACK AND FIELD

Jun 10 Free



Track and Field is made possible through a sponsorship from the **Eagles Aerie 2192**.

Participants will learn the fundamentals of running, jumping, and throwing through fun, age-appropriate activities. It's a great way to build skills, stay active, and make new friends—all at no cost!

**Dates:** June 8, 15, 22, 29

July 6, 13, 20, 27

**Days:** Monday Nights

**Time:** 6:30 PM

**Cost:** FREE (Register each night)

**Location:** Dacotah Bank Track

**Ages:** 13 and Under





## YOUTH TENNIS

Jun 1

\$52

[Click to Register](#)

This program is designed to teach kids the basics of tennis, including skills, techniques, and game play, all in a fun and supportive environment.

**Dates:** June 1 - July 16

**Location:** North Tennis Courts

**Early Registration Fee:** \$52

**Registration Fee After June 2:** \$72

**Tournament:** July 13, 14, 15

\*Grades going into fall of 2026

Grades	Times	Days
1 & 2	8:30 A.M.	Mon - Thurs
1 & 2	9:15 A.M.	Mon - Thurs
3 & 4	10:00 A.M.	Mon - Thurs
5 - 7	10:45 A.M.	Mon - Thurs
3 - 4	11:30 A.M.	Mon - Thurs
5 - 7	12:15 P.M.	Mon - Thurs

## TENNIS SKILLS AND DRILLS

Grade 7-12 Skills and Drills: Participants will work on fundamentals, strategy, footwork, and stroke development in a high intensity atmosphere. This is for players that are looking to raise their game to the next level and are not afraid of working hard and implementing changes through constructive criticism.

**Dates:** June 8 - July 15

**Times:** 9:00 AM - 10:15 AM (V)

10:30 AM - 11:45 AM (JV)

**Location:** High School Tennis Courts

**Registration Fee:** \$72

\*Grades going into fall of 2026

## 7 - 12 TENNIS SINGLES LEAGUE

Grade 7-12 Singles League: This will be an 8 week singles league on Tuesday evenings. Format will be no-ad 2 out of 3 sets with a third set super tiebreaker. If you cannot make it on Tuesday, you are expected to contact your opponent for the week and reschedule. Match results will be posted online each week. A new can of balls are provided for each match. The league is for varsity level players and JV players with aspirations of making the varsity.

**Dates:** June 9 - July 28

**Times:** 6:00 PM (JV)

7:15 PM (V)

**Location:** High School Tennis Courts

**Registration Fee:** \$45

\*Grades going into fall of 2026



**USTA INTRO TO COACHING CLASS**

**Stay tuned for more information regarding the USTA Intro to Coaching Class!**



## VCTA TENNIS BLOCK PARTY

Celebrating "May is Tennis Month"! Free tennis, games and prizes for youth to adults at the VC Rec Center on Wednesday May 13th from 6:30-8pm. Contact Susan Kringlie, 701-840-1727

NEW!

## ADULT RED BALL SOCIAL "TENNIS ON TAP"

- June 9, June 25, July 7, & July 23
- 6:30 - 8:00 PM | Pickleball Courts
- NO experience required to play on shorter court, smaller rackets and low-compression balls while enjoying adult beverages, courtesy of Brockopp Brewing (First drink and equipment provided).
- Open to Adults older than 21.
- Contact Erik Kringlie, e\_k@me.com
- Learn more [HERE](#).

## VALLEY CITY ORANGE BALL – JUNIOR CIRCUIT:

**Ages:** 10 and under

**Date:** July 10th

**Location:** North Courts

**Play:** Co-ed singles and doubles

This is an introductory play event for players progressing from lessons to short matches. Must be USTA member (Junior memberships are FREE!)

\*Online registration only [here](#).

## JUNIOR TEAM TENNIS (JTT)

Open to girls and boys ages 8-18, all abilities.

Includes drills, match play and character development.

**Days:** Mondays

**Dates:** June 1 -July 20

**Times:** 5 PM: Elementary,  
6 PM: Jr High/JV  
7:30 PM: Varsity

**Cost:** \$60

Optional Team play:

- JTT Jamboree in Fargo June 24th
- Sectional tournament in Minneapolis/St. Paul; July 20-22

Contact Matt Nielson for more information, 701-840-1594.

Register online [HERE](#).

\*for any financial hardships, please contact VCTA for available scholarships

## USTA JUNIOR DEVELOPMENT CAMP

**Dates:** June 18<sup>th</sup> from 1 - 5 PM (JV)  
June 18<sup>th</sup> from 9 AM - Noon (V)  
June 19<sup>th</sup> from 9 - Noon (V)

**Location:** North Courts.

**Cost:** \$25 fee for JV session  
\$50 V sessions

Open to JV/Varsity players, led by Marc Stingley - USTA Northern Director of Coach and Player Development.

Contact Matt Nielson, 701-840-1594 for more information  
Learn more / register [HERE](#).

## VALLEY CITY JUNIOR OPEN

USTA Sanctioned tournament

**Dates:** July 10-12

**Location:** North/City Courts

**Ages:** Boys and Girls 12-18

**Play:** Singles and doubles

Must be a USTA member and now Junior Memberships are FREE so sign up today [here](#)!!

\*Online tournament registration only [here](#).

Contact Tournament Director Susan Kringlie, 701-840-1727 with questions



# YOUTH BASEBALL & SOFTBALL

Jun 1

\$52

[Click to Register](#)

Batter up! Our Youth Baseball and Softball Program is perfect for kids looking to learn the game, develop their skills, and have a blast on the field. With a focus on teamwork, sportsmanship, and fun, players of all skill levels are welcome!

**Dates:** June 1 - July 21  
**Location:** Hi-Line Fields  
**Registration Fee:** \$52  
**Registration Fee After April 30:** \$72  
**Night Games:** Dates TBD  
**Parent's Night:** July 20, 21, 23  
\*Teams do not meet on these days  
\*Ages of as April 30, 2026

Age	Who	Group	Days	Time
5	Boys & Girls	Peanuts (T-Ball)	Mon. & Wed.	11:30 A.M. - 12:30 P.M.
6 & 7	Boys & Girls	Rookies	Mon. - Thurs.	10:30 A.M. - 11:30 A.M.
8 - 10	Girls	Ponytails	Mon. - Thurs.	9:00 A.M. - 10:30 A.M.
8 & 9	Boys	Shortstop	Mon. - Thurs.	9:00 A.M. - 10:30 A.M.





## BOYS 10 - 12 YEAR OLD TRAVEL BASEBALL

TBA

\$115

[Click to Register](#)

Get ready for an exciting season of Travel Baseball! Hit the road with your team, compete in out-of-town games, and make unforgettable memories on and off the field.

- Cal Ripken (12 years old) Born May 2013 - April 2014
- Little League (10-11 years old) Born May 2014 - April 2016
- Must provide a copy of their birth certificate
- VCPR does not take teams to state tournaments

**Dates:** May 19 - July TBD

**Days:** Monday - Thursday

**Practice Time:** TBD by coaches

**Location:** Hi-Line Fields & College Complex

**Age Groups:** 12 & under, 14 & under

**Age:** Age as of April 30, 2026

**Registration Fee:** \$118

**Registration Fee After April 14:** \$138

**Early Registration Deadline:** April 14, 2026

## GIRLS JO FAST PITCH

TBA

\$115

[Click to Register](#)

Teams require a minimum of 12 players and will travel out of town for regular-season games, offering players the chance to compete at a higher level. Participants will need their own uniforms for travel. It's a great opportunity to build skills, experience competition, and create lifelong memories!

- Must provide copy of birth certificate
- VCPR does not take teams to state tournaments

**Dates:** May 19 - July TBD

**Days:** Monday - Thursday

**Practice Time:** TBD by Coaches

**Location:** Hi-Line Fields & College Complex

**Age Groups:** 12 & under, 14 & under

**Age:** Girls entering 6th grade through age 14 (as of January 1, 2026)

**Registration Fee:** \$118

**Registration Fee After April 13:** \$138

**Early Registration Deadline:** April 13, 2026





## SPEED & AGILITY ACADEMY WITH MOBILITY PLUS REHABILITATION

The Speed & Agility Academy is a summer program built to help you become a better, stronger, and more well-rounded athlete. Through targeted workouts, nutrition coaching, and a focus on proper form, mobility, and injury prevention, this program is designed to boost your speed, power, and overall performance. Whether you're getting ready for your next sports season or simply striving to reach your peak potential, this academy gives you the tools to train smarter and move better.

**Dates:** June 2 - July 31  
**Times:** 7:00 AM - 9:00 AM  
**Options:**

- 2 Days a Week (Tues/Thurs, Wed/Fri)
- 4 Days a Week (Tues - Fri)

**Cost:**

- 2 Day - \$150
- 4 Day - \$250

Only 20 spots open total.



With Physical Therapist  
**Dr. Amanda Heck**



## FLAG FOOTBALL

Aug  
4

\$47

Get ready for fast-paced fun on the field this summer with our Youth Flag Football program! Designed for boys and girls of all skill levels, this non-contact league focuses on learning the fundamentals of the game in a safe, encouraging environment. Participants will build skills in passing, catching, running routes, teamwork, and sportsmanship through practices and games that emphasize development and fun.

**Dates:** August 4 - October 4 (Tentatively)

**Days:** Tuesdays and Sundays

**Location:** Hi-Line Fields

**Registration Fee:** \$47

**Registration Fee After August 4:** \$67



## BE A COACH THIS SEASON

Our Flag Football program relies on volunteer parent coaches to help create a fun, supportive, and positive experience for every participant. No previous coaching experience is required—just a willingness to encourage kids, teach teamwork, and be part of the fun. If you're interested in making a difference on and off the field, we'd love to have you join our team.

Interested in coaching? Contact Hilary at [hilaryk@vcparcs.com](mailto:hilaryk@vcparcs.com)



## ADAPTIVE PROGRAMS

Adaptive programs are designed to ensure everyone has the opportunity to play, learn, and grow—providing support for individuals who may need assistance participating, including those with disabilities, autism, or other special needs. Open to participants ages 5 and up, these inclusive activities focus on creating a positive, welcoming experience where everyone can thrive.

[Click to Register](#)

### SOCCER Jun 2 \$29

Dates	Days	Time	Location	Registration Fee	Registration Fee (After May 1)
June 2 - June 25	Tues., Wed., Thurs.	9:00 A.M. - 10:00 A.M.	Pioneer Park	\$29.00	\$49.00

### SOFTBALL Jul 6 \$29

Dates	Days	Time	Location	Registration Fee	Registration Fee (After May 1)
July 6 - July 30	Mon., Tues., Thurs.	4:45 P.M. - 5:45 P.M.	Hi-Line Fields	\$29.00	\$49.00

### SWIMMING Jun 7 \$34

Dates	Days	Time	Location	Registration Fee	Registration Fee (After May 1)
July 7 - July 31	Tues., Thurs., Fri.	12:00 P.M. - 12:45 P.M.	GFWC	\$34.00	\$54.00

*\* July 30 & 31 will be held at the Outdoor Pool*





## POTTERY

[Click to Register](#)

### Paint a Plate, Bowl, or Cup

**Date:** Monday, June 8th

**Time:** 6:30 - 8:00 PM

**Fee:** \$35

- Paint and decorate a bisqueware plate, bowl or cup
- Ages 8 and above, adults are welcome
- Limit 12

### "An Owly Good Time"

**Date:** Monday, June 15th

**Time:** 6:30 - 8:00 PM

**Fee:** \$35

- Make an owl out of wet clay, paint with underglaze.
- Ages 8 and above, adults are welcome
- Limit 12

### Play With Wet Clay

**Date:** Monday, June 22nd

**Time:** 6:30 - 8:00 PM

**Fee:** \$35

- Make a pinch pot, a coil built piece, and decorate.
- Ages 8 and above, adults are welcome
- Limit 12

### Me & My Grown Up: Paint A Plate, Bowl, or Cup

**Date:** Thursday, June 11th

**Time:** 6:30 - 8:00 PM

**Fee:** \$35

- Limit 6 adults, who may be accompanied by up to 2 children ages 3-7
- You and your child will paint and decorate a bisqueware plate, bowl, or cup

### Me & My Grown Up: "An Owly Good Time"

**Date:** Thursday, June 18th

**Time:** 6:30 - 8:00 PM

**Fee:** \$35

- Limit 6 adults, who may be accompanied by up to 2 children ages 3 - 7
- You and your child will make an owl out of wet clay, paint with underglaze.

### Me & My Grown Up: Play With Wet Clay

**Date:** Thursday, June 25th

**Time:** 6:30 - 8:00 PM

**Fee:** \$35

- Limit 6 adults, who may be accompanied by up to 2 children ages 3 - 7
- You and your child will make a pinch pot, a coil built piece, and decorate.



## SWIMMING LESSONS

[Click to Register](#)

Swimming lessons are an essential part of fostering safety, confidence, and lifelong skills in and around the water. We host swimming lessons to ensure that individuals of all ages can learn proper techniques, water safety practices, and build confidence in a supportive environment. Beyond physical fitness, swimming lessons promote coordination, discipline, and a sense of achievement. By offering these lessons, we aim to equip our community with the skills needed to enjoy water activities safely while encouraging healthy, active lifestyles.

## GOALS



Water Safety



Stroke Development



Breath Control



Endurance and Strength



## LEVELS OFFERED:

### Parent Child:

Guardian must be in the water with child at all times. Adult and child learn together to increase child's comfort in the water. Basic skills are introduced.

### Pre-School:

Introduce children to being in the water without their guardian and performing basic water skills.

### Level 1: (MUST be 5 years old prior to 1st day of class)

Basic floats, strokes, and skills are introduced and taught with aid from instructors.

### Level 2:

Students build upon skills learned in Level 1 and doing their skills more independently and with more refinement.

### Level 3:

Students build upon skills learned in Level 2, learn new strokes and kicks, and fundamentals of diving.

### Level 4:

Students build upon skills learned in Level 3, learn turns, new dives and strokes.

### Level 5/6:

Students build upon and master skills learned in Level 4 and build their endurance.

### Adaptive Swimming Lessons:

Offered during the summer - for more information, see Adaptive Programs.

# SWIMMING LESSONS

\$55



**Early Registration Fee:** \$55  
**Registration Fee:** \$75  
**Location:** Gaukler Family Wellness Center  
**Registration Open Date:** May 4, 2026

## June Session: June 1 - June 12

Levels	Days	Times
Level 1, 2, 3, 4, 5/6	Mon - Fri	10:00 - 10:50 A.M.

Early Registration Deadline: May 29

## Session 1: July 6 - July 17

Levels	Days	Times
Parent Child	Mon - Thur	6:00 - 6:30 P.M.
Preschool	Mon - Thur	5:15 - 5:45 P.M.
Level 1 & Level 3	Mon - Fri	10:00 - 10:45 A.M. and 5:15 - 6:00 P.M.
Level 2 & Level 4	Mon - Fri	11:00 - 11:45 A.M. and 6:00 - 6:45 P.M.
Level 5/6	Mon - Fri	10:00 - 10:45 A.M.

Early Registration Deadline: July 3

## Session 2: July 20 - July 31

Levels	Days	Times
Parent Child	Mon - Thur	6:00 - 6:30 P.M.
Preschool	Mon - Thur	5:15 - 5:45 P.M.
Level 1 & Level 3	Mon - Fri	11:00 - 11:45 A.M. and 6:00 - 6:45 P.M.
Level 2	Mon - Fri	10:00 - 10:45 A.M. and 5:15 - 6:00 P.M.
Level 4	Mon - Fri	10:00 - 10:45 A.M.
Level 5/6	Mon - Fri	5:15 - 6:00 P.M.

Early Registration Deadline: July 17

## Adaptive Lessons

Dates
July 7 - July 31

Times	Days
12:00 - 12:45 P.M.	Tuesdays, Thursdays, and Fridays





## GAUKLER FAMILY WELLNESS CENTER POOL

The Gaukler Family Wellness Center pool offers a versatile aquatic experience with a hot tub for relaxation and a main pool featuring zero-depth entry, perfect for all ages and abilities. The pool includes four lap lanes with a maximum depth of 9 feet and four diving blocks, making it ideal for both recreational swimming and swim training.

Event	Days	Time
Aqua Fit	TBA	TBA
Morning Lap Swim	Tuesdays & Thursdays	6:00 - 8:00 A.M.
Afternoon Lap Swim	Monday - Friday	12:00 - 1:00 P.M.*
Morning Open Swim	Saturdays	9:00 - 11:00 A.M.
Afternoon Open Swim	Saturdays & Sundays	4:00 - 6:00 P.M.
Evening Open Swim	Monday - Thursday	7:00 - 9:00 P.M.

\*Pool hours are subject to change and may vary due to swimming lessons

## AQUA FIT

AquaFit is A full-body workout that combines cardio, strength training, and flexibility exercises in the pool, using water resistance to improve endurance, muscle tone, and balance. Open to all ages and abilities.

FREE with a Gaukler Family Wellness Center membership or \$10 drop in fee (good for the whole facility all day).

**Be an instructor!** Email [Hilaryk@vcparcs.com](mailto:Hilaryk@vcparcs.com)



## DID YOU KNOW...?

Completing all levels of swimming lessons is **NOT** required to become a lifeguard. There are swimming requirements, but everyone 15+ are encouraged to try the lifeguarding class!



## VALLEY CITY COMMUNITY OUTDOOR POOL

870 2nd Ave NE (701) 845 - 0926

The Community Outdoor Pool offers summer fun for all ages! It features a zero-depth entry area with playful fountains and slides perfect for younger children, while the 148-foot water slide makes fun for those a little bit older. The pool is also available for group rentals, making it a great spot for parties, celebrations, and special events!

\*Children must be at least 9 years old to be at the pool without an adult. Children age 8 and under must be accompanied by an individual age 16 and older. That individual must be with the child(ren) at all times, in or out of the water. NO EXCEPTIONS.

Note: Anyone who enters pool area, including deck, must pay admission fee.

### Season Passes

Family	\$200.00
Individual	\$100.00

### Session Fee

Ages 0-2 years (Must wear swim diaper)	Free
Ages 3-14	\$ 4.00
Ages 15 and Over	\$ 5.00

### Open Swim

1:00 - 4:30 P.M.	Daily: Sunday - Saturday
7:00 - 9:00 P.M.	Monday, Tuesday, Thursday
6:00 - 8:00 P.M.	Saturday

### Family Swim

7:00 - 9:00 P.M.	Wednesday, Friday
5:00 - 7:00 P.M.	Sunday



## LIFEGUARD CLASS

April 25 8:00 AM - 8:00 PM | April 26 8:00 AM - 3:00 PM

Become a certified lifeguard by taking our Red Cross Lifeguarding Course. This 2-day course will prepare you for water rescue, CPR/AED training, and more. Visit [www.vcparks.com](http://www.vcparks.com) to learn more.





# 3 *simple* **YET** *impactful* WAYS TO SUPPORT LOCAL PARKS:



## **KEEP THE PARKS CLEAN**

Help keep our parks beautiful! Pick up litter during your visit and let us know if you spot any maintenance concerns or safety issues—we're here to keep our parks safe and welcoming for everyone.



## **VOLUNTEER YOUR TIME**

Gather friends, family, or coworkers and lend a hand! Whether it's planting flowers, participating in park cleanups, or assisting with special projects, your efforts help our parks thrive. Reach out to us at 701-845-3294 if you'd like to volunteer.



## **RESPECT & PROTECT NATURE**

Treat our parks with care by staying on paths, respecting park amenities, and being mindful of plants and wildlife to keep these spaces healthy and inviting for all.



# PARK & FACILITY MAP



1. **Gaukler Family Wellness Center / VCPR Offices**
2. **Bjornson Golf Course**
3. **Tharaldson Softball Complex**
4. **VCPR park Shop**
5. **Pioneer Park**
6. **City Park**
7. **Pickleball Courts**
8. **Charlie Brown Field**
9. **Chautauqua Park / Dacotah Pavilion**
10. **Hi-Line Field**
11. **Outdoor Pool**
12. **Tourist Park Campground**
13. **Hinschberger Park**
14. **Veteran's Park**
15. **Rec Center Gym**
16. **VCPR Skate Park**
17. **Granger Hill Park**





# WHAT'S NEW

## at Valley City Parks and Recreation?

### **EMERALD ASH BORER MIDIGATION GRANT - \$25,000**

During the spring through fall of 2026, visitors may notice Chautauqua Park looking a little different as Valley City Parks and Recreation begins a proactive tree health project. We received \$25,000 from the Emerald Ash Borer Mitigation Grant through the North Dakota Forest Service which will fully cover the cost of removing 57 young and unhealthy ash trees within the park. Each tree removed will be replaced at a 1:1 ratio with a diverse selection of new tree species including Oaks, Poplars, and Elms. This approach helps reduce the risk of Emerald Ash Borer while strengthening and diversifying the park's urban canopy, ensuring Chautauqua Park remains healthy, resilient, and enjoyable for years to come.

### **FUTURE RECREATION LEADER SCHOLARSHIP | VCPR FOUNDATION**

The VCPR Foundation hosted a successful Blind Date with a Book fundraiser, selling 65 mystery-wrapped books to community members. Proceeds from the event directly support the "Future Recreation Leader" Scholarship, which is awarded to a graduating high school senior who demonstrates a passion for recreation, community involvement, and leadership. This fun and engaging fundraiser not only encouraged reading but also helped invest in the next generation of recreation leaders.

### **BUCKTHORN REMOVAL AT HIDDEN POND TRAIL**

Through a partnership with MNL and funding provided by Audubon Great Plains, a buckthorn removal project is underway along the Hidden Pond Trail. This effort focuses on eliminating the invasive species to help prevent further spread, restore the health of the natural tree canopy, and improve the overall trail experience for visitors. By working together, these partners are helping ensure the trail remains a healthy, accessible, and enjoyable natural space, paving the way for future enhancements and additions to the trail.





**THANK YOU TO OUR 2026  
JULY CELEBRATION SPONSOR!**

**thrivent**<sup>®</sup>

**Dakota Prairie Associates**

Meet  
Our Team

**ADAM BRANVOLD**

Financial Advisor  
Valley City

Life & Long Term Care Insurance Strategies  
Individualized Retirement Income Planning  
Farm Transition Strategies



**STEPHANIE ROELFSEMA**

Financial Advisor  
Valley City

Accumulation & Protection for Pre-Retirees  
Individualized Retirement Income Planning  
Empowering Financial Independence for Women

**TONY VAN DYKE**

Financial Advisor  
Wahpeton

Small Business Financial Strategies  
Individualized Retirement Income Planning  
Investments Advice



**SAM QUICK**

Office Manager  
Valley City

Client Support & Communications  
Day-to-Day Operations  
Marketing & Social Media Coordinator

**SAMANTHA NELSON**

Office Professional  
Wahpeton

Client Support & Communications  
Day-to-Day Operations  
Scheduling Coordinator





[www.vcparks.com](http://www.vcparks.com) | [info@vcparks.com](mailto:info@vcparks.com) | 701-845-3294